

**ARASAN GANESAN POLYTECHNIC COLLEGE, SIVAKASI**  
**ISTE STAFF CHAPTER - REPORT**

Title of the programme	<b>Workshop on “ Empowerment “</b>
Organizer	Staff Development Cell & ISTE Staff Chapter , Arasan Ganesan Polytechnic College, Sivakasi
Date	23-12-2013 to 28-12-2013
Resource Persons	Thiru.S.Raja Ambaiya Raja, Rajapalayam.



**Highlights of the programme**

Under ISTE Staff Chapter & Staff development cell a workshop on “Empowerment” was organized from 23.12.13 to 28.12.13. Thiru.S,Raja Ambaiya Raja, Rajapalayam was the resource person. Tmt.S.Palaniselvi, Lecturer/ ECE welcomed the gathering. Thiru.M.Nandakumar, Principal and Chairman, ISTE Staff Chapter in his presidential address stated that staff members should effectively utilize this workshop and enrich their knowledge in the area of guidance and counseling the students. The speakers explained about the different techniques to improve creative ability , health, memory and concentration.. He demonstrated simple exercises and breathing techniques to make them relax their body and mind. Mr.S.V.Elangovan , Senior Lecturer, Chemistry proposed vote of thanks.

**Staff Development Manager &  
Secretary, ISTE STAFF CHAPTER**